





# VEGGIE

CHANGES DAILY

# SOUP/STEW

CHANGES DAILY

# SALADS

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VEGGIE & 1 SALAD - £10.95

VEGGIE & 2 SALADS - £13.95

1SALAD - £6.95

2 SALADS - £9.95

**SOUP/STEW & BREAD -**

£8.50/9.45

SOUP/STEW & 1 SALAD -

£10.95/11.95

**SOUP/STEW & 2 SALADS -**

£12.55/14.50

TAKEAWAY

VEGGIE SALAD BOX

SALAD BOX

SOUP/STEW

SOUP/STEW & BREAD

SOUP/STEW & SALAD POT

PLEASE ALERT STAFF OF ALLERGIES OR INTOLERANCES

# **PRICES**

£9.95

£7.50

£6.95/7.95

£7.50/8.50

£9.95/11.95

### PROTEIN PACKER - £10.95

Hard crumbled cottage cheese with chives & dill, smashed avocado infused with lemon, basil & parsley. Pickled radish & toasted linseeds, drizzled with honey and chili infused oil. Served on toasted sourdough.

add a poached egg - £1.50 add kimchi - £3.95

### OPEN AVOCADO - £11.75

Smashed avocado, beef tomatoes, halloumi, mung beans & house herb oil on toasted sourdough.

add a poached egg - £1.50 add streaky bacon - £2.25

#### FROM THE KITCHEN

### SUPERB SMASHED AVO - £11.95

Juliets homemade beetroot hummus, lemon and lime smashed avocado, feta, toasted super seed mix and cress on toasted sourdough. Served with a dill, parsley, tomato and pickled onion salad.

add a poached egg - £1.50 add streaky bacon - £2.25

#### CELERIAC STACK - £12.95

Citrus artichoke puree, peppery watercress, roasted miso & tamari celriac steak, served with a poached egg, and topped with a toasted seed mix.

add kimchi - £3.95 add streaky bacon - £2.25

#### SCRUMPTIOUS HOT SMOKED **SALMON - £12.95**

Hot smoked salmon, mustard cream cheese, house pickled cucumber and radish with poppy seeds on toasted sourdough. Served with a wedge of lemon and a rocket salad. add a poached egg - £1.50 add streaky bacon - £2.25

#### SMOKEY ARTICHOKE WRAP -£8.25

Artichokes roasted in smoked paprika, garlic & mint, artichoke puree, spinach & cucumber.

#### TOASTED SANDWICHES

#### CHEESE & HAM - £6.95

CHEESE & TOMATO

- £6.45

toasted sourdough.

## PASTRAMI KICK

- £8.95

Pastrami, streaky bacon, Emmental cheese, homemade kimchi & artichoke puree.

# PERKY PINEAPPLE

- £7.95

Cheddar cheese, pineapple pickled in star anise, mustard and coriander seeds, sriracha & homemade mayonnaise.

### Mature cheddar and Fullers baked ham served on toasted sourdough.

SAUSAGE ROLL

f 6.75 Hop & thyme meaty filling

topped with poppy seeds and

Mature cheddar with beef tomato served on

#### FROM THE COUNTER

### MUSHROOM ROLL

£6.20

Roasted field mushrooms, caramelised onion, garlic, oregano, basil, and cayenne. Topped with linseed and dill, wrapped in golden puff pastry.

## **MEATY STRAW**

£3.65

Chorizo, oregano, basil & cheddar wrapped in golden puff pastry.

## CHEESE STRAW

£3.10

Mature cheddar cheese wrapped in puff pastry, topped with toasted pumpkin seeds.

rosemary, wrapped in golden puff pastry.

GF-gluten free DF-dairy free V-vegetarian VN-vegan GFO-gluten free option DFO-dairy free option VNO-vegan option