

VEGGIE SOUP/STEW

CHANGES DAILY

SALADS



PRICING

VEGGIE & 1 SALAD	£9.50
VEGGIE & 2 SALADS	£11.95
1 SALAD	£5.25
2 SALADS	£8.50
SOUP ON OWN	£7.00
SOUP & BREAD	£7.50
SOUP & 1 SALAD	£9.25
SOUP & 2 SALADS	£11.95

OUR STAFF ARE ALWAYS HAPPY TO HELP! DO ASK US ANY QUESTIONS. PLEASE LET US KNOW OF ANY ALLERGIES.

SAUSAGE ROLL - £4.95

Hop & thyme meaty filling topped with poppy seeds and rosemary, wrapped in golden puff pastry. VEGGIE ROLL

Cheddar, spring onion, paprika, breadcrumbs and a touch of cream, with sunflower seeds, wrapped in golden puff pastry. ITALIAN STRAW - £2.80

Prosciutto, oregano, basil & cheddar wrapped in golden puff pastry.

CHEESE STRAW - £2.50

Mature cheddar cheese wrapped in puff pastry, topped with toasted pumpkin seeds.

OPEN SANDWICHES

OPEN AVOCADO -

£8.95 v/gfo/dfo/vno

Smashed avocado, beef tomatoes, halloumi, mung beans & house herb oil on toasted sourdough.

SUPERB SMASHED AVO -

£9.25 v/gfo/dfo/vno

Juliets homemade beetroot hummus, lemon and lime smashed avocado, feta, toasted super seed mix and purple amaranth sprouts on toasted sourdough. Served with a dill, parsley, tomato and pickled onion salad.

THE SCRUMPTIOUS SALMON - £9.95

Hot smoked salmon, mustard cream cheese, house pickled cucumber and poppyseeds on toasted sourdough, served with a wedge of lemon & rocket salad

add a poached egg - £1.50 add streaky bacon - £2.75

SANDWICHES

CHEESE & HAM - £6.55

gfo Mature cheddar and Fullers baked ham served on toasted

sourdough.

BEETROOT WRAP -£7.95

Horseradish beetroot, whipped feta, spinach & roasted turmeric chickpeas in a wrap.

CHEESE & TOMATO - £5.95

Mature cheddar with beef tomato served on toasted sourdough.

WINTER SPECIALS

THE WOODLAND WONDER

JULIET'S NEW TOASTED SANDWICH...

£8.25

Parsley, garlic, truffle & lemon zest butter, roasted chestnut mushrooms, sliced roast chicken, emmental cheese, pickled gherkin, red onion, served on toasted sourdough

gfo

THE TREMENDOUS TOWER

A SUPREME STACK OF GOODNESS £13.95

Parsnip, carrot, garlic & swiss chard fritters. Basil mint & avocado yoghurt. House pickled red cabbage. Poached egg. Topped with baharat & sweet chilli on a bed of watercress.

add streaky bacon - £2.25